

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 7TH OCT	GREEK MEATBALLS VEGETABLE MEATBALLS (V) Both the above served in sweet pepper Sauce, Penne Pasta and Crusty Bread FRUITY POT	YORKSHIRE PUDDING WITH SAVOURY SAUSAGE Served with Potatoo Wedges & mixed Vegetables CHEESE & POTATO PIE (V) Served with Baked Beans HOME MADE FRUIT COOKIES	SPAGHETTI BOLOGNAISE QUORN BOLOGNAISE (V) Served with Pasta and Garlic or Crusty Bread FRUIT JELLY	ROAST PORK DINNER WITH APPLE SAUCE Served with Roast Potatoes & Selection of Fresh Vegetables MAC & CHEESE (V) Served with Baked Beans ICED VANILLA SPONGE	OVEN BAKED JUMBO FISH FINGER ROASTED VEGETABLE WRAP (V) Both The above served with a Chips & Sweet Corn or Baked Beans AMERICAN PANCAKES SERVED WITH GOLDEN SYRUP DRIZZLE
WEEK 2 14TH OCT	BANGERS & MASH VEGETARIAN SAUSAGE (V) Both the above served with Garden Peas ICE CREAM	CHICKEN NUGGETS VEGETABLE CRUMBLE (V) Both the above served with Oven Baked Potato Wedges and Fresh Vegetables JAM SPONGE & VANILLA CUSTARD	HOME MADE CHEESY PIZZA (V) Served with 1/2 Jacket Potato & Baked Beans PENNE PASTA (V) Served with Tomato & Basil Sauce and Garlic Bread HOME MADE FLAPJACK	OVEN BAKED BEEF BURGER IN A BUN VEGGIE BURGER IN A BUN (V) Both the above served with a Selection of Fresh Salad with Pasta Spirals HOME MADE CHOCOLATE SHORTBREAD	BATTERED FISH PORTION LINDA MCCARTNEY VEGETARIAN FINGER (V) Served with Chips & Garden Peas or Baked Beans and Bread & Butter FRUIT MOUSSE
WEEK 3 21ST OCT	JACKET POTATO DAY PICK YOUR OWN FILLING: Tuna & Mayo, Grated Cheese, Baked Beans, Sweetcorn Served with a side salad ICE CREAM	ALL DAY BREAKFAST Choice of bacon, sausage, baked beans, scrambled eggs HOME MADE CURRIED VEGETARIAN PLAIT (V) Served with savoury rice HOME MADE CHOCOLATE RICECRISPY SLICE	PASTA DAY VARIOUS TOPPINGS Served with Garlic or Crusty Bread HOME MADE MARBLE CAKE	ROAST CHICKEN DINNER WITH STUFFING LINDA MCCARTNEY VEGETABLE SAUSAGE CASSEROLE (V) Both the above served with Roast Potatoes & Selection of Fresh Vegetables ICED FRUIT MOUSSE	OVEN BAKED SALMON CAKE WITH TOMATO SAUCE CHEESE AND TOMATO PIZZA BAGUETTE (V) Both the above served with Chips & Garden Peas or Baked Beans and Bread & Butter HOME MADE SHORTBREAD

A BAKED JACKET POTATO OPTION WITH A CHOICE OF TOPPINGS IS AVAILABLE DAILY, MUST BE BOOKED IN ADVANCE.

ALL PRICED AT £2.53 PER MEAL, TO INCLUDE DESSERT FRESH FRUIT, OR YOGHURT IS OFFERED AS AN ALTERNATIVE TO THE DAILY SWEET CHOICE (ALL MENU SUBJECT TO AVAILABILITY)

All of the Services Fully Comply with the Government Nutritional Guidelines and Saffron Analysis.

Should your child have any special dietary needs, please contact Val (Catering Manager) sales@bowlfuls.co.uk, who will be pleased to assist you.