

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 22ND SEPTEMBER	GREEK MEATBALLS VEGETABLE MEATBALLS (V) Both the above served in sweet pepper Sauce, Penne Pasta and Crusty Bread FRUITY POT	YORKSHIRE PUDDING WITH SAVOURY SAUSAGE Served with Potatoe Wedges & mixed Vegetables CHEESE & POTATO PIE (V) Served with Baked Beans HOME MADE FRUIT COOKIES	SPAGHETTI BOLOGNAISE QUORN BOLOGNAISE (V) Served with Pasta and Garlic or Crusty Bread FRUIT JELLY	MILD CHICKEN TIKKA Served with Pilau Rice MAC & CHEESE (V) Served with Baked Beans HOME- MADE CHOCOLATE SPONGE	OVEN BAKED JUMBO FISH FINGER ROASTED VEGETABLE WRAP (V) Both The above served with a Chips & Sweet Corn or Baked Beans AMERICAN PANCAKES SERVED WITH GOLDEN SYRUP DRIZZLE
WEEK 2 29TH SEPTEMBER	HOT DOG VEGETARIAN HOT DOG (V) Both the above served with Mini Potato Waffles and Garden Peas ICE CREAM	CHICKEN NUGGETS VEGETABLE CRUMBLE (V) Both the above served with Oven Baked Potato Wedges and Fresh Vegetables HOME MADE FLAPJACK	HOME MADE CHEESY PIZZA (V) Served with 1/2 Jacket Potato & Baked Beans PENNE PASTA (V) Served with Tomato & Basil Sauce and Garlic Bread HOME-MADE ICED VANILLA SPONGE	OVEN BAKED BEEF BURGER IN A BUN VEGGIE BURGER IN A BUN (V) Both served with Rainbow Rice, Selection of Salad and a choice of Tomato Sauce or Mayonnaise. HOME MADE CHOCOLATE SHORTBREAD	BATTERED FISH PORTION LINDA MCCARTNEY VEGETARIAN FINGER (V) Served with Chips & Garden Peas or Baked Beans and Bread & Butter FRESH FRUIT SALAD
WEEK 3 6TH OCTOBER	JACKET POTATO DAY PICK YOUR OWN FILLING: Tuna & Mayo, Grated Cheese, Baked Beans, Sweetcorn Served with a side salad ICE CREAM	ALL DAY BREAKFAST Choice of Bacon, Sausage, Baked Beans, Scrambled Eggs with a Slice of Bread VEGETARIAN ALL DAY BREAKFAST (V) HOME MADE CHOCOLATE RICECRISPY SLICE	<i>Pasta Bake Day</i> VARIOUS TOPPINGS Served with Garlic or Crusty Bread HOME MADE MARBLE CAKE	ROAST CHICKEN DINNER WITH STUFFING VEGETARIAN PARCEL (V) Both the above served with Roast Potatoes & Selection of Fresh Vegetables ICED FRUIT MOUSSE	OVEN BAKED SALMON CAKE WITH TOMATO SAUCE CHEESE AND TOMATO PIZZA BAGUETTE(V) Both the above served with Chips & Garden Peas or Baked Beans and Bread & Butter HOME MADE SHORTBREAD

A BAKED JACKET POTATO OPTION WITH A CHOICE OF TOPPINGS IS AVAILABLE DAILY, MUST BE BOOKED IN ADVANCE.

ALL PRICED AT £2.61 PER MEAL, TO INCLUDE DESSERT FRESH FRUIT, OR YOGHURT IS OFFERED AS AN ALTERNATIVE TO THE DAILY SWEET CHOICE (ALL MENU SUBJECT TO AVAILABILITY)

All of the Services Fully Comply with the Government Nutritional Guidelines and Saffron Analysis.

Should your child have any special dietary needs, please contact Val (Catering Manager) sales@bowlfuls.co.uk, who will be pleased to assist you.